An eight-page booklet ingeniously created from a single sheet of paper, four folds and one cut. Commonly known as a poster-zine or folded booklet it is a popular structure with various adaptations. You can lay out the book on one sheet of paper and it can be easily reproduced. This structure and its various adaptations can be made from any sized sheet of paper, though a rectangle that is not square produces slightly better proportions.

For best results ensure the grain direction of your paper is parallel to short edge.

01. With the printed side face down, fold the paper in half lengthways, lining up the corners and crease well

02. Fold back the edge to the first fold lining it up and creasing well.

03. Flip the paper over and fold back the other edge to the first fold to make a four-section accordion.

04. Open the paper out and position so you have two folds pointing up (print side down). Fold the paper in half in the opposite direction.

05. Open the paper out flat and flip it over so the printed side is facing up.

06. With a scalpel or scissors cut along the horizontal fold leaving the first and last section intact.

07. Lift, bringing the horizontal fold up towards you and letting the two long edges drop towards the table. Gently push both ends in towards the centre creating a cross shape.

08. Bring two of the sections round and an eight-page booklet emerges. Crease well around the spine to give it crispness.